Students

HEALTH CARE AND EMERGENCIES

ANAPHYLAXIS EMERGENCY PROTOCOL

Essential Steps

- 1. CALL 9-1-1 (Have staff call student's parent simultaneously)
- 2. Administer EpiPen (Adrenaline) 1:1000 (1 mg/ml) Give subcutaneous

Students in k or of kindergarten size (less than 60 lbs.):

• Give EpiPen Junior (0.15mg/0.3cc)

Adults and students over 60 lbs.:

• Give EpiPen Regular (0.30mg/0.3cc)

May repeat dose at 15 minute intervals for a total of three doses if necessary

- 3. Initiate CPR if needed until paramedics arrive and assume care
- 4. Monitor the Heart Rate, Respiratory Rate, and Blood Pressure every 5 minutes
- 5. If available, use 100% oxygen
- 6. Trendelenburg position: Low blood pressure? Lie patient with head 30° below feet.
- 7. Transfer to a medical facility by paramedics for further treatment or observation.
- 8. Document this incident on the student's health record and Incident Report Form. Inform the following of incident:
 - Parent
 - Cabinet
 - Risk Management
 - Health Services

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